

SIG Integrative Pain Management

There are two mains of the SIG:

- 1) Suggest conference speakerS or/and workshop/symposium related to integrative pain management, for the SPS Annual Congress.
- 2) Develop a network of practitioners and scientists in the field of pain management working with or investigating integrative medicine and complementary medicine

During 2022, the SIG had no meetings other than per mail, and we could fulfill the first aim, i.e. preparation of the Integrative Pain Management Session which will be held on Friday 11th November, with the following program:

Integrative Approaches in Stress, Pain, Sleep

Tiergestützte Interventionen bei PTSD (Prof. Karin Hediger, Basel)

Mindfulness und Fibromyalgie (Prof. Chantal Martin Sölch, Fribourg)

Akupunktur und neurovegetatives Nervensystem (PD Johannes Fleckenstein, Bern)

We also have the pleasure that during the congress, there will be the opportunity for the attendants to experience Qi Gong Sessions during breaktimes.

No official meeting during the congress will be held.

Dr. med. Noëmi Zurrón, SIG Integrative Pain Management, October 2022