

Special interest group^{SIG} Pain Psychology - Diagnostics, Therapy and Research

Annual Report 2024

SIG Members

The SIG pain psychology consists of 18 active members and about 112 interested professionals in the mailing list (8th of October 2024).

SIG Speakers

Ben Brönnimann is resigning from his position as SIG speaker after seven years. He will luckily stay a member of the SIG and continue to be active in the SPS-committee where he will be responsible for the SIGs. We thank him very much for his great work and engagement for the SIG pain psychology during the last years! Julia Kaufmann-Renner will continue to be the speaker of the SIG pain psychology.

Website and Linked-in

The Website and Linked-in-Profile of the SIG is held updated by Ben Brönnimann and Anne Aiyngol.

Meetings, Annual meeting and Retreat, Congress

5 Meetings took place in the last year:

- Three meetings directly after the meetings of the "Arbeitsgruppe chronischer Schmerz" of the SAPP in Aarau
- The annual meeting and retreat in Kilchberg on 13th of June 2024
- The SIG-meeting and presentation of the years report at the annual Congress of the SPS/SAPP on 15th of November 2024

Annual meeting and retreat of the SIG Pain Psychology

The annual meeting of the SIG pain psychology took place in Kilchberg on 13th of June 2024, organized by Ursula Galli and Ben Brönnimann. The therapeutic concepts and locations of the clinic were presented and gave us an impression about the various therapeutic possibilities, with a focus on different therapeutic settings (e.g. inpatient/out-patient settings). The prolonged SIG-meeting was dedicated to the discussion and intervision between clinicians, especially on the topic “pain psychology and education”.



Annual meeting and retreat in the Sanatorium Klichberg

2-day-Course (18 hours) of the SIG Pain Psychology

The 2-days course in Pain Psychotherapy (Patronage SPS), which was developed and organized by our SIG, took place for the third time in Nottwil on 6th and 7th September 2024. It contains 18 of the 80hours needed to receive the title «Pain Specialist SPS» in a modular way, by attending 50 of the 80 hours of the original Pain Course in Nottwil/Lucerne and completing it with 30hours in terms of our 2-days course as well as 12 additional units (for example via 3 meetings of the SAPPMM «Arbeitsgruppe Chronischer Schmerz»).

The course was once again fully booked and the feedbacks very positive.



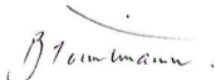
Participants of the 2-days course 6th and 7th of September 2024 in Nottwil


Workshop “Patient Partner Project – using the expertise of young patients with chronic pain”

The SIG Pain Psychology organized, in cooperation with the SIG Pediatric Pain, a Workshop at the annual congress of the SPS on the topic “Patient Partner Project – using the expertise of young patients with chronic pain” held by Helen Koechlin and Alice Prchal.

Agenda and Projects 2025

The dates of the next SIG meetings that are planned will be published on <https://swisspainsociety.ch/de/mitglieder/special-interest-group/sig-schmerzpsychologie/>. There will be the usual 6 meetings, including an annual retreat, and additionally the next 2-days course.


Ben Brönnimann
Aarau


Julia Kaufmann
Luzern