

**Special interest group<sup>SIG</sup> Pain Psychology - Diagnostics, Therapy and Research**

## **Annual Report 2025**

### **SIG Members and Meetings**

The SIG pain psychology consists of 18 active members and 113 interested professionals in the mailing list (7<sup>th</sup> of November 2025). The SIG-Year 2025 consisted of 5 Meetings:

- Three meetings directly after the meetings of the "Arbeitsgruppe chronischer Schmerz" of the SAPPM in Aarau (24<sup>th</sup> of February, 26<sup>th</sup> of May and 26<sup>th</sup> of November) f
- The annual meeting and retreat in Barmelweid on 27<sup>th</sup> of May 2025
- The SIG-meeting at the annual Congress of the SPS on 14<sup>th</sup> of November

### **Annual meeting and retreat of the SIG Pain Psychology 27.05.2025**

The annual meeting of the SIG pain psychology took place on the 27<sup>th</sup> of May 2025 in the clinic Barmelweid, organized by Ursula Galli and initiated by Manfred Koch. The therapeutic concepts and locations of the clinic were presented by Joran Ronel and his multiprofessional team and gave us an impression about the various therapeutic possibilities, including psychotherapy, psychiatry, arts therapy and music therapy. The prolonged SIG-meeting was dedicated to the discussion and intervision between clinicians, especially on the topic "Long- and Post-Covid- in Pain Psychotherapy".



Barmelweid, 27.05.2025

## 2-day-Course (18 hours) of the SIG Pain Psychology

The 2-days course in Pain Psychotherapy (Patronage SPS), which was developed and organized by our SIG, took place for the fourth time in Nottwil on 7<sup>th</sup> and 8<sup>th</sup> November 2024. It contains 18 of the 80hours needed to receive the title «Pain Specialist SPS» in a modular way, by attending 50 of the 80 hours of the original Pain Course in Nottwil/Lucerne and completing it with 30 hours in terms of our 2-days course as well as 12 additional units (for example via 3 meetings of the SAPPN «Arbeitsgruppe Chronischer Schmerz»).

The course was once again fully booked and the feedbacks very positive.



Participants of the 2-days course on 7<sup>th</sup> and 8<sup>th</sup> November 2025 in Nottwil

## Agenda and Projects 2026

The dates of the next SIG meetings will be published on <https://swisspainsociety.ch/de/mitglieder/special-interest-group/sig-schmerzpsychologie/>. There will be the usual meetings after the meetings of the "AG chronischer Schmerz" of the SAPPN, an annual retreat, and the next 2-days course (with already several participants on the waiting list).

*J. Kaufmann*

Julia Kaufmann

Nottwil, 07.11.2025